

## MINUTES

### AGING IN PLACE IN UNION COMMITTEE

MONDAY, OCTOBER 4, 2021

1:00 p.m.

#### Zoom meeting hosted by Lorain Francis.

Present: Lorain Francis, Anita Brown, Marcy Corwin, Carol Watier, and Erik Durbas

1. Chairman Lorain Francis opened the zoom meeting at 1:00 PM.
2. Marcy motioned approval of the September 20, 2021, minutes as written and seconded by Erik. There was unanimous approval.
3. Lorain reported Katie Tarbox has officially resigned from this committee due to her current position at MCH. Katie will continue to be supportive of our work from MCH. **(Anita confirmed after our meeting that Katie will still bring the macaroni and cheese casserole for our October 21<sup>st</sup> luncheon.)**
4. We firmed up plans for our October take-out luncheon. Bill Lombardi was unable to attend our meeting but sent a message that he will do parking lot duty. Erik will do the media posts to advertise our luncheon. Anita will follow up with town office regarding our container order. Anita will put a poster on the bulletin board at Vose Library. Lorain will post at the Come Spring food pantry. We discussed the resource information we will have available. Lorain will contact the Chamber of Commerce if they have flyers for *Christmas in the Country*. Lorain has received Vose Library information including the "Book delivery to Home" program. Erik would like to have information to share about the Masons availability for projects, but he has not been able to connect with them.
5. We scheduled to meet at the Pullen meeting room at **10:15 am** on the morning of October 21<sup>st</sup> luncheon to set up the tables to organize our luncheon bags. Anita was asked to send out an email luncheon reminder to our committee on Monday, October 18<sup>th</sup>.
6. Erik has been forwarding emails from Patricia Oh, Program Manager, Maine Center for Aging, Age-Friendly Liaison, AARP Livable Maine. Erik will send our committee her contact information so we can subscribe on our own and he will no longer forward her emails. Lorain asked Anita to forward to our committee the September 29<sup>th</sup> zoom follow-up information for *Leadership Strategies for Maine's Lifelong Communities*.

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7. Marcy will check on the status of the Sheriff's Sand Bucket for Seniors program for this winter.
8. Anita suggested we need to ask other Union seniors to participate with us in how we can best meet their needs. We discussed taking time to talk with people in line who come to the take-out luncheon.
9. Lorain did a report on the Future of the TCC Committee and the attempt to work with the TCC Board.
10. Bill did more research and emailed us his findings on Mid Coast Public Transportation. We will ask Bill to summarize in useful bullets and have a print-out on a separate sheet for our luncheon resource bags.
11. Carol wants us to think about addressing the issue of loneliness. Being alone is tough and we need some way to connect people with something they enjoy. We decided to have this "outreach" as part of our in-line conversations at our luncheon.

Our next zoom meeting will be **Monday, November 1, 2021, at 1PM by Zoom.**

Respectfully submitted,

Anita Brown  
Secretary