

MINUTES
AGING IN PLACE IN UNION COMMITTEE
Monday, February 4, 2019
William Pullen Building Meeting Room
1:00 p.m.

Present: Katie Tarbox, Lorain Francis, Anita Brown, Bob Williams, Dot Williams, Carol Watier, Clark Hooper, Martha Hooper, Wanda Gamage-Wyman and Town Manager Jay Feyler.
Carol Watier chaired the meeting.

Please note that in communication with Jay Feyler and email to the committee, Chairman Vicki Harriman resigned since our last meeting due to at-home family medical needs. Vicki also sought Carol Watier to become chairman in her place and Anita Brown to be recording secretary.

1. Minutes of the December 3, 2018 meeting were approved as written.
2. We began with discussion about plans for our luncheon on March 14, 2019. Set-up will begin at 9 a.m. Anita, Clark and Martha can come at 9 a.m. to begin the set-up. Wanda will come at 10 a.m. to help set up. Doors will open at 11:30 a.m., and lunch will be served from noon to 12:30 p.m. Program from 12:30 p.m. to 1:30 p.m. and clean-up to begin after the program at 1:30 p.m. Discussion that it is too noisy to be doing clean-up during the program. Katie will be bringing an Irish boiled dinner for 35 people from the MCH kitchen for the Meals on Wheels program. Katie also volunteered to make dessert of mint Oreos into truffles and a cake. Katie will bring St. Patrick's decorations to the meeting room the day before so they will be ready for the set-up on Thursday. Katie is also going to find oval Chinet plates as stronger to hold the meal. Bob will bring mustard for the meat.

We will have two program presenters, but both are regarding prescription medications. Lorain has Maine Poison Control with identifying pills vs candy. Katie has a AAA program called "Roadwise RX" on prescription use and driving. This includes a screen presentation.

Jay will have Public Works put out our sandwich boards with the information about the luncheon about a week before at the town office and at the Common across from the post office.

3. We do not have any update from Jesse regarding how "Good morning Union" from the ambulance office is working. We would like to have an update on this.

4. Carol has been informed by librarian Sarah Masters that Vicki had the option of having us do a program on Aging in Place on Saturday, March 9 at 1 p.m. This was not put on the library program list. Discussion followed about what we would present, and who would be available to do the presentation. We decided to have Carol tell Sarah that we would not do this date so close to our luncheon, and that maybe later in the spring when we could be on the sent-out program list.
5. Transportation and the packet prepared by Sheila Curry followed. Carol has read the packet and understands that we need someone who is willing to take the role of coordinator realizing that person should be paid a stipend for their commitment of time, which then raises the question of funding? Lorain stated there are grants for funding. Katie updated us that the Moving Maine design team is at the point of developing a charter. This continues to be a state incentive under MDOT to get transportation going in rural and urban areas of Maine.
6. Carol asked if Katie and Lorain could put in writing the different programs such as Community Concepts having the contract now for transporting Maine Care clients to medical appointments. Wanda will look into Friends and Family transportation. Also mentioned was the Tristate learning collaborative which has a website with webinars on how to do transportation. Also, Diane Oelberger is the coordinator for the St. George transportation program; she can be emailed at ridesinstgeorge@gmail.com
7. Carol asked that we all read Sheila Curry's Getting Started Setting up a Transportation Program before the next meeting and be ready to discuss what we think we should do next.
8. Under input from outside agencies, Wanda reported she is now certified and has been doing a program called Prime for Life which is substance abuse prevention. She has done this in seventh and twelfth grades. She is also doing programs on vaping and nicotine as gateway drugs into other drug addiction.

Our next meeting was scheduled for Monday, March 4, 2019 at 1 p.m. in the town office meeting room.

After the meeting Anita and Carol consulted, and Anita will do a write-up about our luncheon for publication in *The Free Press* and *Courier Gazette*.

Respectfully submitted,

Anita Brown
Secretary