

MINUTES
AGING IN PLACE IN UNION COMMITTEE
Monday, December 3, 2018
William Pullen Building Meeting Room
1:00 p.m.

Present: Vicki Harriman, Katie Tarbox, Lorain Francis, Anita Brown, Bob Williams, Dot Williams, Carol Watier, and at the end of the meeting Town Manager Jay Feyler. Vicki Harriman chaired the meeting.

1. Minutes of the October 29, 2018 meeting were approved by Katie, seconded by Anita, all in favor.
2. Vicki reported two people went to the Driver Safety Class in Belfast (four-hour class): Martha Jackson took it with Vicki. Martha has certification as a Personal Support Specialist and a history of CNA work. Martha has started providing volunteer transportation. Vicki completed an evaluation with the person who needed this transportation before Martha began providing it. Vicki told Martha to put the suggested donation on the dashboard of her car. This was received well. Vicki suggests we unofficially follow Sheila's transportation guidelines for now. Joyce Hills continues to be booked doing transportation also.
3. We discussed the packets of transportation information presented by Sheila. Vicki has asked Jay to provide them to the selectmen and to be put on the selectmen's agenda for her to ask their approval before we proceed. We need additional copies of Sheila's transportation packets, so Vicki asked Jay to have the office make some additional copies for us. Katie will scan the packets and send it to our email for use online.
4. Lorain reported Penquis uses CIMA for volunteer insurance. Lorain is not sure whether Penquis will be able to continue to support transportation as they have lost that grant money.
5. Katie reported that Union now has six Meals on Wheels recipients in Union.
6. Moving Maine Design Team report by Katie: she includes in her report to the team our concerns and fears about being a volunteer driver and the risks involved. The DOT is struggling with the wide range of differences in needs for transportation throughout the state.
7. AAA has recently reported increased concern for the effects of medication on seniors driving. They title this "Seniors and RX," but it also includes over-the-counter medications that react with other meds. We discussed this would be a good topic for our next luncheon.

8. Vicki reported the church is having “warming luncheons” on Thursday, January 10 and 24, 2019 and February 14 and 28, 2019. Vicki is on this committee.
9. After discussion we set our next Senior Luncheon for March 14 with a St. Patrick’s theme of meal and decorations. Katie will check with the MCH kitchen for a price for providing us with a meal for this luncheon. (The Badger restaurant which we have used previously is for sale and cutting back what they provide.)
10. Lorain suggested she has recently seen a program on how medication looks like candy put on by Poison Control. Lorain will check on their program for us.
11. Vicki reminded us we have sandwich boards now to advertise our luncheon.
12. Carol asked to be able to describe life situations the very poor on SSI face daily. Next meeting was scheduled for February 4, 2019 at 1:00 p.m. We will not plan to meet in January.

Respectfully submitted,

Anita Brown
Notetaker for the day