

Minutes
Aging in Place in Union Committee
Monday, June 25, 2018
Town Office Conference Room
3:00 p.m.

Present: Anita Brown, Katie Tarbox, Phil Groce, Martha Hooper, Clark Hooper, Lorrain Frances, Sheila Curry, (Patrick sitting in for Jay Feyler)

Minutes from 6/11/18 approved

Review of first senior luncheon held on 6/21/18; agreed by all present that it was successful; thank you note to committee from Esther Farmer was shared.

1. Martha noted that 34 attended in all, including 3 selectmen.
2. Newspaper article that Vicki wrote was not submitted to paper.
3. Bathrooms have low toilets, difficult for one patron to get up despite hand rail; reported to Jay.
4. Discussion of benefits of family style or serving food at tables vs buffet; safer for attendees to not have to carry food without trays; would also save on time not to wait in line and would allow speakers to start while audience is being served.
5. All present agreed that one topic/speaker is enough for each luncheon, allows for questions/discussion without information overload.
6. Five people signed up for yellow dot program; Sheila thought Jim Murphy did a great job with his explanation of program, clear and succinct.
7. John Palmer also was well received, engaging and informative. Sheila noted that when she called John one hour prior to the meeting to confirm, there was a miscommunication about the time and also he had handouts to be copied; both easily resolved.

Thank you notes from committee to be sent to Jim Murphy and John Palmer.

Action: Anita will send thank you cards (done)

Elaine Niles has electric hospital bed she would like to donate. Katie shared that in her organization liability is an issue and that referring people to resources is a way to avoid this.

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Action: Clark will check with Masons to see if they accept and distribute equipment; he will also check with Lori Carlson at TCC about equipment. Anita will check with Jesse Union Ambulance and see if this is something they offer; (done, Jesse said they do not). Clark will notify Elaine regarding her options.

Life line call buttons that work outside the home: Jay mentioned in his email that 3 people approached him at the lunch regarding call buttons. Katie shared information about *One Line Alert* endorsed by Rite Aid 1-800-433-1456 and *Mobile Help* 1-833-289-2368. Lorrain mentioned that some funding may be available for those who qualify financially.

Action: Katie will follow up with the 3 people who expressed interest, although she only has names and partial contact info on two of them. Anita will check with Jay for the name of third person and inform Katie.

Phone call check-ins: discussed status of “Good Morning Union.” Discussed whether this is active or just a plan for the future. Seven of eleven people who filled out questionnaire were interested.

Action: Anita will check with Jesse on status and report back. (Note 6/26: Anita spoke with Jesse and he has not received any names, but he will start the program once he has some names.) Follow up at next meeting.

Add new information regarding call ins, call buttons, and where to find hospital equipment to the resource guide when it gets updated. No action taken.

Next luncheon tentatively scheduled for end of October and ask Jim Murphy to speak on tax abatements. No action taken.

Opportunities identified for continued collection of citizens ideas and needs for aging in place:

- Farmers Market-Fridays 3-6 Contact person Elaine Frost
 - **Action:** Lorrain agreed to do one afternoon, Sheila will do another. Lorrain and Sheila will get together for details, dates, talking points.
- Founders Day- Pie Social-Friday 8/13 Contact person Martha Nash Chair Chamber of Commerce.
 - **Action:** Sheila will talk with Martha about Aging in Place and how this fits in with Chamber. No volunteers for Founders Day
- Union Fair week
 - **Action:** Katie and Lorrain have a table at the fair and volunteered to represent the Aging in place agenda
- Vose Library
 - **Action:** Sheila will talk with Sarah about leaving questionnaires in library for patrons to fill out
- Methodist Church senior luncheons, end in November
 - **Action:** Anita will follow up with Pat Medica to get AIP on agenda
- Other groups identified where we can spread the word, but no action taken
 - Library Book club

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- Informational meeting at Library, newsletter
- Kiwanis Club/ Key Club
- Rotary Club/ Interact Group
- Masons
- Informal groups that meet- knitting groups?

Meeting adjourned at 4:00 p.m.

Next meeting scheduled for Monday July 30 at 3 PM

Respectfully submitted,
Sheila Curry